

## **News Release**

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FOR IMMEDIATE RELEASE

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## "Trails of Discovery" at Tygart

TYGART LAKE – The U.S. Army Corps of Engineers, in conjunction with the American Hiking Society, will celebrate National Trails Day with "Trails of Discovery" at Tygart Lake on Saturday, June 3, 2006 beginning at 10:00 a.m. The event is designed to introduce people of all ages to the health benefits of hiking and to promote awareness of clean and safe trails for everyone to enjoy.

Trails of Discovery will feature a morning trail cleanup which includes a seminar on proper procedures for establishing and maintaining trails, a lunchtime presentation celebrating the bicentennial of the Lewis and Clark Corps of Discovery, a group tour of Tygart Dam and an afternoon hike along the Dogwood and Tygart Dam Trails. During the afternoon hike, a series of great prizes, provided by the American Hiking Society, will be awarded to National Trails Day participants.

Pre-registration for *Trails of Discovery* is not necessary but is encouraged. To pre-register call the Tygart Dam Office at 304-265-1760 between 7:30 a.m. and 4:00 p.m. daily or leave a message after business hours. Valid government issued photo identification is required for all dam tour participants 16 years of age or older. All participants are reminded to dress appropriately and bring personal items for a day-long trail cleanup and nature hike (e.g., backpack, water, work gloves, lunch, etc.) and to plan for weather conditions that may be encountered. Activities will continue in the event of rain; however, activities will be postponed if lightning or other severe weather conditions develop. All materials needed for trail cleanup and maintenance will be provided by the Tygart Dam staff.

Groups such as scouting organizations, walking clubs or others are welcome and encouraged to participate. If you would like a more detailed schedule of events for *Trails of Discovery*, or any other activities at Tygart Lake, visit the Park Office or call 304-265-1760.

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